



Well baby Clinic Follow up plan Neonatal Department -Al-Adan Hospital Baby Friendly Initiative Hospital

Information to parents

The well baby clinic is a program aimed at ensuring a healthy beginning for a newborn baby and support for new parents.

Your baby will be seen at this clinic at the age of 3-5 days and 6 weeks in the Pediatric OPD, Sunday through Wednesday 4:30 pm-8:30 pm. An appointment will be given to you before discharge.

What to expect at these visits?

Your baby will have a complete physical examination including measurement of weight, length and head circumference. These will be plotted on a growth chart to ensure that your baby is growing within the normal range.

- A Complete physical examination from head to toe will be performed and any issues will be informed to you.
- You will be given advice regarding feeding practices, jaundice, follow up and vaccination.
- Any important history related to pregnancy and family should be informed during these visits to ensure a proper care for your baby.
- If you have any concerns or questions, it is advisable to note them down and clarify with the doctor during your visit.
- Prior to discharge ensure that you get an appointment from your ward nurse.
- Prior to leaving the clinic, ensure that you have registered your next appointment.

**Neonatal Department Wishes
All Babies Good Health and Safety**