

CPR course

Ministry of health
Adan medical training center

Cardio-pulmonary resuscitation course



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Course description

Introduction

There are 500,000 deaths in related to new and recurring coronary (heart) attacks yearly. That means that every day 1,400 people die from a heart attack. Out of these 500,000 80% die outside the hospital setting and do not received any medical treatment after suffering heart attack. If these patients received CPR, this would save 200,000 per year or 550 lives per day.

These numbers are staggering, and prove beyond any doubt that knowing CPR techniques in case of heart attack usually means a difference between life and death for the victim. If CPR is administered within first four minutes after the heart attack, the chances of brain damage are virtually nonexistent. If administered between 4 to 6 minutes the brain damage is probable; 6 to 10 min brain damage is likely, and after 10 min. the chances of some type of brain damage are virtually certain. So, knowledge of CPR does not only save lives, but also allows victim to recover without sustaining any permanent damage.

At Adan Medical Training center besides offering you professional certification in CPR, the course will prepare you for this one time when your knowledge means saved life.

By the end of this section you should know how to administer CPR to the adult (age 9 yrs. or older), child (between 1 and 8 yrs. old), and infant (younger than 1 yr. old) and understand the key steps and reasons for performing CPR.

Course material

The course textbook, objectives, evaluation forms, and pre- and post-course tests are all aligned to maximize skill acquisition. The course textbook is available and will be distributed prior to the course to optimize the participant's hands-on experience during the practical sessions. The textbook expresses topics simply and clearly, and can be read in a few hours.

Course location

The course is organized by the Adan medical training

Teaching Faculty

We offer an excellent instructor to learner ratio (one instructor for 6 participants). The Teaching Faculty is based at Adan hospital emergency department, a recognized leader emergency services in Kuwait. The instructors bring cutting edge expertise and recognized teaching qualifications to the participants.

Target audience

This course is tailored to the needs of the motivated, active primary care clinician, Nurses, medical support teams and paramedics.

Training plan of 2016

We are planning to train 200 candidates by the end of 2016 on CPR with priority given to Adan hospital staff and medical support teams